

February 2021 Hero Grab and Go

On The Go Breakfast	12
Granola, Yoghurt, Peach and Raspberries	
Watermelon, Strawberries, Pomegranate, Lime and Mint	
Breaky Muffin – Egg, Thick cut bacon, Provolone cheese and Sriracha	
Mortadella, provolone cheese on brochie bun	
Toasted Sandwich	
Ham + Cheese - Off The Bone, Gruyere, Cheddar And Mustard	14
Triple Cheese - Smoked Scamorza, Cheddar, Gruyere, Jalapeno Chilli, Paprika	14
Vegemite - Béchamel Vegemite and Cheese	9
Daily Salads	15
Short Grain Japanese Rice, Kewpie, Tamari, Shitake Mushrooms, Wakame	
Cucumbers and Sesame Cherry Tomato Toasted Cauliflower	
(Add Toasted Sesame Chicken Plus \$7)	
Freshly Filled Baker Blue Baguettes	15
Fries	10
Cheese Box	18
A Selection Of Cheese With Quince, Muscatels And Lavosh	
Gf Available	
Baked Goods	
Croissants	5
Pain Au Chocolat	5.5
Portuguese Custard Tarts	5
Bomboloni	6
Muffins	6.5
Babka Chocolate and Hazelnut Slice	9.5
Friandes	6
House made Hero Choc Tops	7
Confectionary, Treats and Chocolates	8
Drinks	
Cold Pressed Juices – Daily Greens, Watermelon or Apple and Ginger	6
Water – Still or Sparking	4.5
Capi Soft Drinks – Lemon, Blood Orange and Ginger Beer	4.5
Coke and Coke no sugar	4.5
Wines	
Sparkling - Airlie Bank Yarra Cuvee, Yarra Valley, VIC	14
White - Pipoli Greco Fiano, Basilicata, Italy	13
Red - de Bortoli Regional Pinot Noir, Yarra Valley, VIC	14
Young Henry's Stayer Mid or Cider	8.5